

My Hygiene Checklist

Name: _____

Date: _____

☀️ MORNING

 Use Bathroom

 Wash Hands

 Brush Teeth

 Wash Face

 Eat Breakfast

 Get Dressed

🌙 EVENING

 Bath or Shower

 Put on Pajamas

 Brush Teeth

 Put Toys Away

 Read a Book

 Go to Sleep

How did I do today?
Color the stars!

